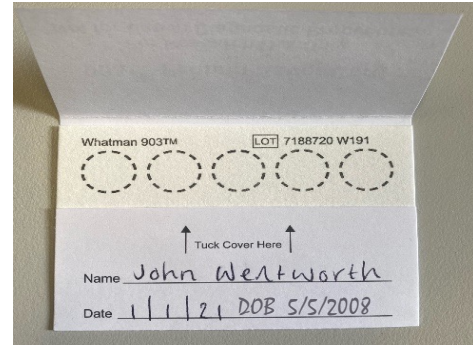


Finger prick test instructions: 5 simple steps

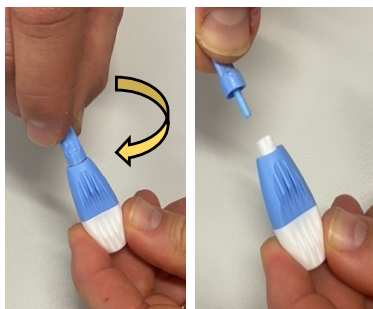
Step 1: Preparation

On the filter card, write the FULL name of the person being screened, their date of birth and the date of sample collection.

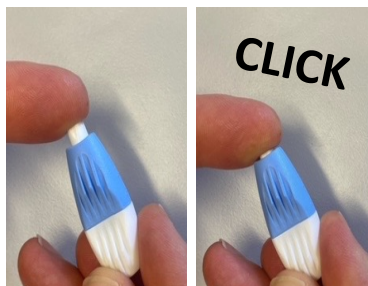
Place the card on a dry, washable surface ready for sample collection. Heat fingers with warm water or a hot pack



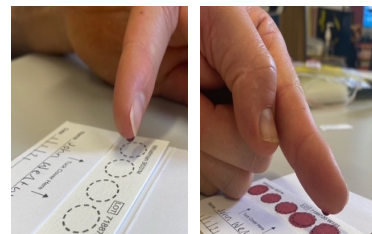
Step 2: Collect the sample



Twist and remove the cap from the finger pricker.



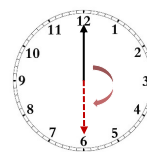
Hold the finger still. Press the finger pricker firmly against the side of the finger until you hear a click.



Hold the finger over a circle. Be patient! Wait for the blood to drop to the card. Avoid touching the finger to the card. Try to fill as many circles as you can.

Step 3: Patch up, clean up and dry the sample

Apply pressure to the finger with a tissue for a minute or two, then apply the Band-Aid. The finger pricker can be discarded in your regular rubbish.



Leave filter card open and allow to air dry for 30 minutes

Step 4: Package and post

Place the dry filter card back into its plastic bag with the desiccant pack. Place the plastic bag into an envelope.



Post to:
A/Prof John Wentworth
Walter and Eliza Hall Institute
1G Royal Parade
Parkville, Vic 3052

Step 5 (optional): Help spread the word!

Take a photo of the person being screened or perhaps with their bandaid on. Email it to us at type1screen@mh.org.au or PM it to us via Facebook Messenger @Type1Screen. We'll post your "T1S Hero" photo on our Facebook page, www.facebook.com/type1screen, with any caption you would like. Alternatively make your own public post using @Type1Screen or #type1screen. Please be aware that the T1S Facebook page is publicly accessible. Sending us a photo and caption would mean that your participation in Type1Screen would no longer be confidential. However, any other information we have collected from you will remain private and secure.

