Pathway to Prevention

A THREE STEP PROGRAM

Screen. Monitor. Prevent

If we are aware, we can prepare

For More Information

(03) 9342 7063
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www.type1screen.org.au
www.facebook.com/type1screen

Type1Screen

screening for type 1 diabetes

Type1Screen

Step one

Type1Screen offers free risk screening for type 1 diabetes to those aged 2 - 30 years who have a family member diagnosed with the condition. This could be a parent, sibling, aunt, uncle, grandparent, or cousin known to have type 1 diabetes.

Screening involves a blood test. This can be arranged by visiting www.type1screen.org, reading and signing the consent form and emailing it to type1screen@mh.org.au. The team will send you a request form that you can take to your nearest pathology collection centre anywhere in Australia or NZ.

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Step two

If the blood test reveals a negative result, that's it! However, Type1Screen can offer you another blood test in five years time if you wish.

Should the blood test result be positive for islet auto-antibodies, another blood test will be organised to confirm this result. Two consecutive positive results indicate a high risk for developing type 1 diabetes.

Those confirmed to be positive will be offered more regular monitoring and the option to participate in prevention and early intervention studies through TrialNet.

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Type 1 Diabetes TrialNet

Step three

TrialNet offers innovative clinical studies which look at ways to maintain insulin production before and after clinical diagnosis of type 1 diabetes. These studies are trying to find ways to slow or stop the progression of the condition.

Current TrialNet studies are listed here: https://www.trialnet.org/our-research/prevention-studies. If none of the current ones are right for you, you could join TrialNet's monitoring program in Australia. That way, when a new study becomes available, you'll be among the first to know!

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